

Washington, DC - Rep. Linda Sánchez commended the work of four local students who spent time interning in her Congressional Office in Cerritos this summer. The following interns worked with Sánchez' staff to provide important constituent services:

- \* Ashley Ramos, Whittier College student
- \* Nancy Negrete, Firebaugh High School student
- \* Tiffany Ho, Cerritos High School student
- \* Nicole Osako, incoming freshman at the University of California, Irvine and recent Cerritos High School graduate

"Our summer interns - Ashley, Nancy, Tiffany, and Nicole - truly made a difference for their community by helping out the residents of the 39th Congressional District," said Rep. Linda Sánchez. "It is inspiring to see a group of young women choosing public service. I look forward to seeing these rising stars go on to accomplish great things."

Rep. Sánchez' internship program provides local students with the chance to learn more about government and develop leadership skills that will serve them well wherever they go in life. Interns help plan district events, contribute to casework and grant development and conduct general office management.

Ashley Ramos, a student at Whittier College said, "This was a rewarding experience to learn about the Congresswoman's work in such a great learning environment. It is difficult to please everyone but Congresswoman Sánchez makes a tremendous effort to make her decisions beneficial for her constituents."

Nancy Negrete, a senior at Firebaugh High School in Lynwood said, "This internship gave me the ability to learn and investigate core issues, and to learn how legislation has an impact on our everyday lives. Working for Congresswoman Sánchez was an incredible experience that gave me a strong sense of personal involvement in legislation and politics."

Tiffany Ho, a student at Cerritos High School said, "At the age of 15, I never would have expected to be exposed to politics. Given that healthcare is such a prominent issue today, interning with Congresswoman Sánchez has been a valuable opportunity that allowed me to meet with key leaders in today's society."

Recent Cerritos High School graduate Nicole Osako said, "The most rewarding part of this internship was being able to help constituents with their problems and concerns. It's an amazing feeling to know that you had a hand in solving the problems of people in your community. I feel I have gained an even stronger passion for public service." This fall, Nicole will be an incoming freshman at the University of California, Irvine.

Fall, spring and summer internships are available in Rep. Linda Sánchez' offices in Cerritos, CA and Washington, DC. To learn more about internships, including deadlines and application information, visit the internship section of Rep. Sánchez' website at [www.lindasanchez.house.gov](http://www.lindasanchez.house.gov).